

The Antahkarana Healing Symbol

The Antahkrana is an ancient symbol used to open the upper chakras and connect you to higher frequencies of light. It has been passed down through the Tibetan lineage and for many generations was kept hidden, used only by the Tibetan masters.

My dowsing system affirms that the symbol predates the Tibetan culture. It originates from Lemuria, and was given to us by the Sirians to help us re-connect with our origins and maintain alignment with our light body and higher self. It's available now to everyone. The Antahkarana connects only to light. No harm can come from its use.

The following introduction was written by William Rand, Director of the International Center for Reiki Training, www.reiki.org.

The Antahkrana healing symbol does not require an attunement. It is usually used in its printed form although some people do sign it out with the hand. Just by having it in your presence, it will enhance the healing power of any healing method. It will also improve meditation or any exercise designed to improve health, well-being or connection to the higher power.

This is not a secret symbol. You can hang it on the wall in your healing room, place it image up under your healing table, use it for meditation, to charge water, etc. It does not need to be seen by the healee in order for it to work. Some have laminated them to make them more durable. The small one can be laminated and placed in your shoes, or taped over a chakra or other body area to improve healing, or can be carried in the pocket, purse or wallet etc.

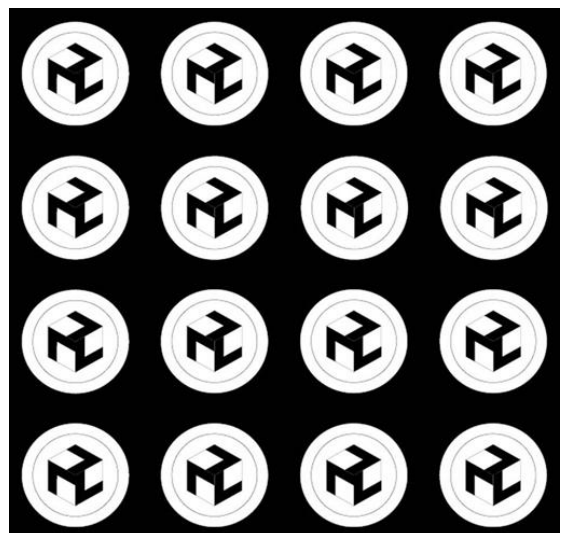
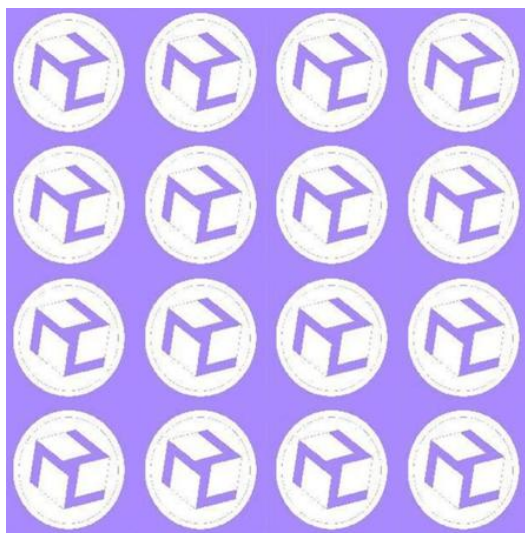
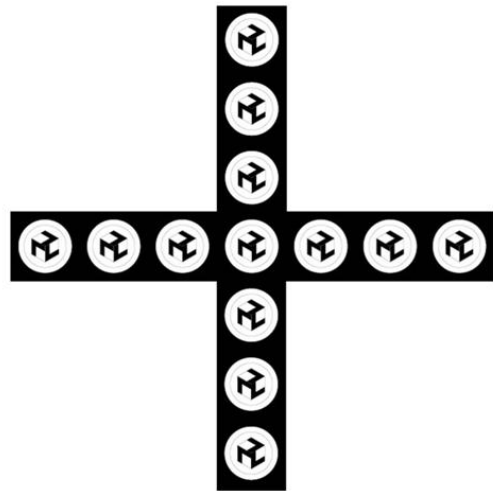
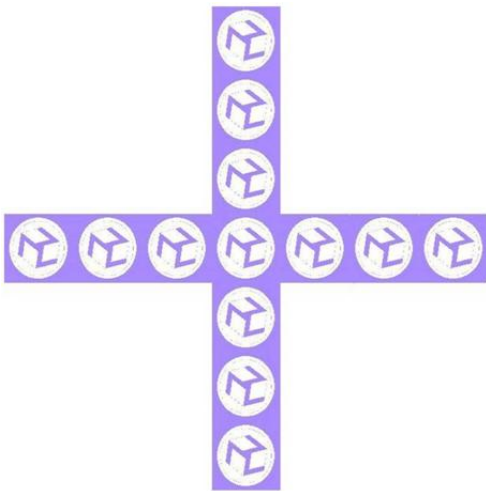
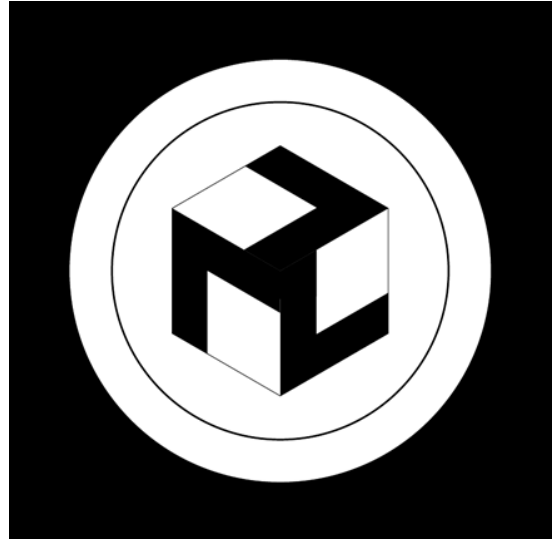
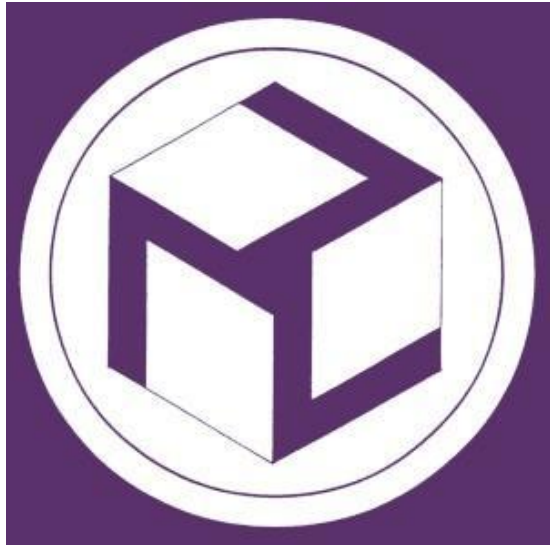
The single Antahkaranas - male or female - are used for focus and becoming centered in the Higher Power. Use the male if you need more assertive energy. Use the female if you need more compassionate energy.

The cross is also for this purpose and has a greater feeling of sacredness. The cross can also be used to heal the heart chakra. The multiple chart is used to clear blocks and congestion. After using the multiple chart, finish with the single to refocus. (The multiple alone can sometimes cause disorientation.)

No harm can come from the use of this symbol. You can use the paper form or you can have the image printed onto cotton, wool or silk. Black or dark purple or any dark color works best as the power of the symbol seems to come from the contrast.

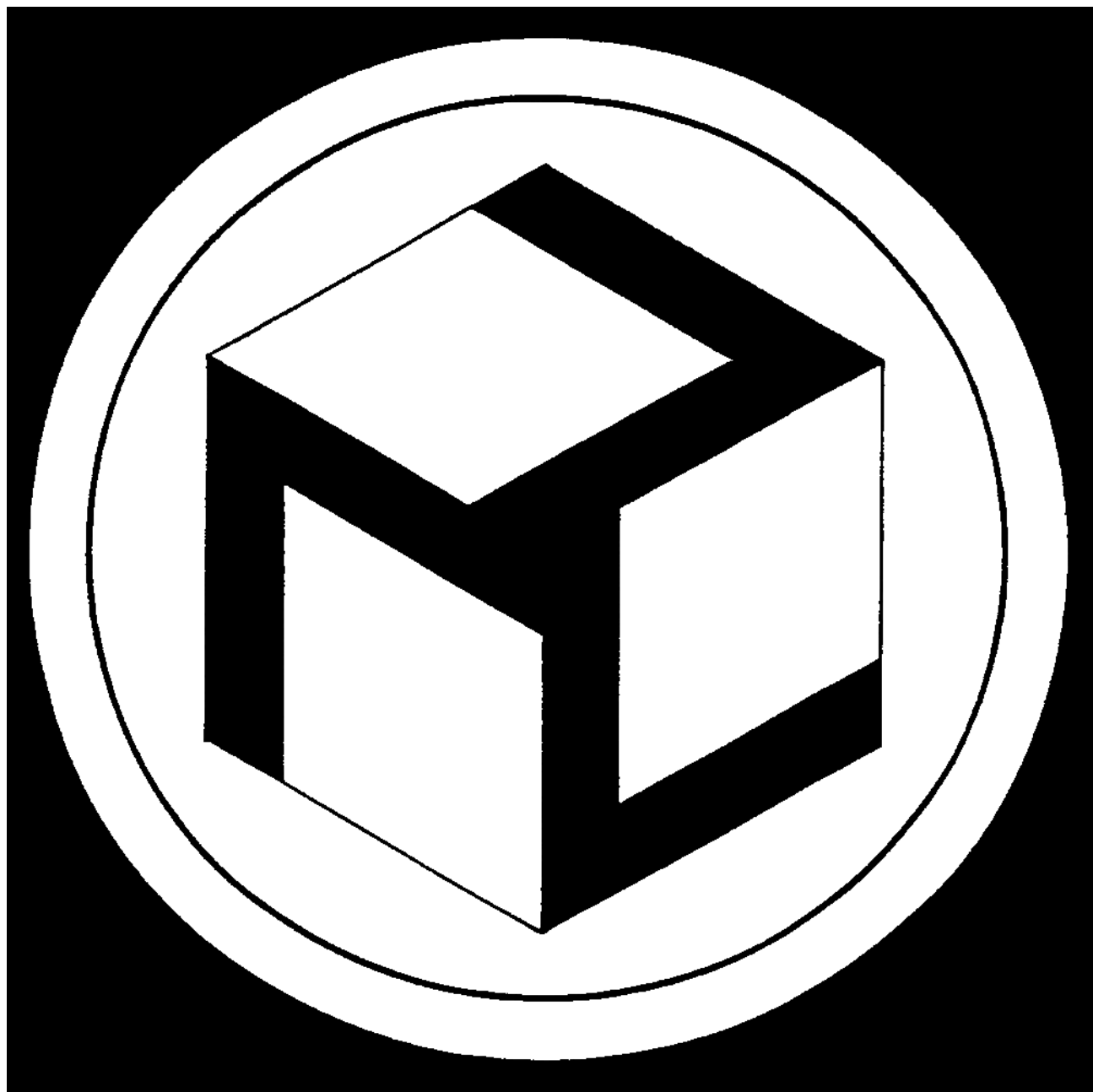
To use with Reiki, place the image facing the person or area to be healed. Then place your hands on top and do Reiki. This will reduce the time one needs to heal and allow deeper issues to be healed. –wm rand, www.reiki.org.

The symbols on the following pages can be used large or small, individually or with groups. People do not need to see the symbol to receive supportive energy.

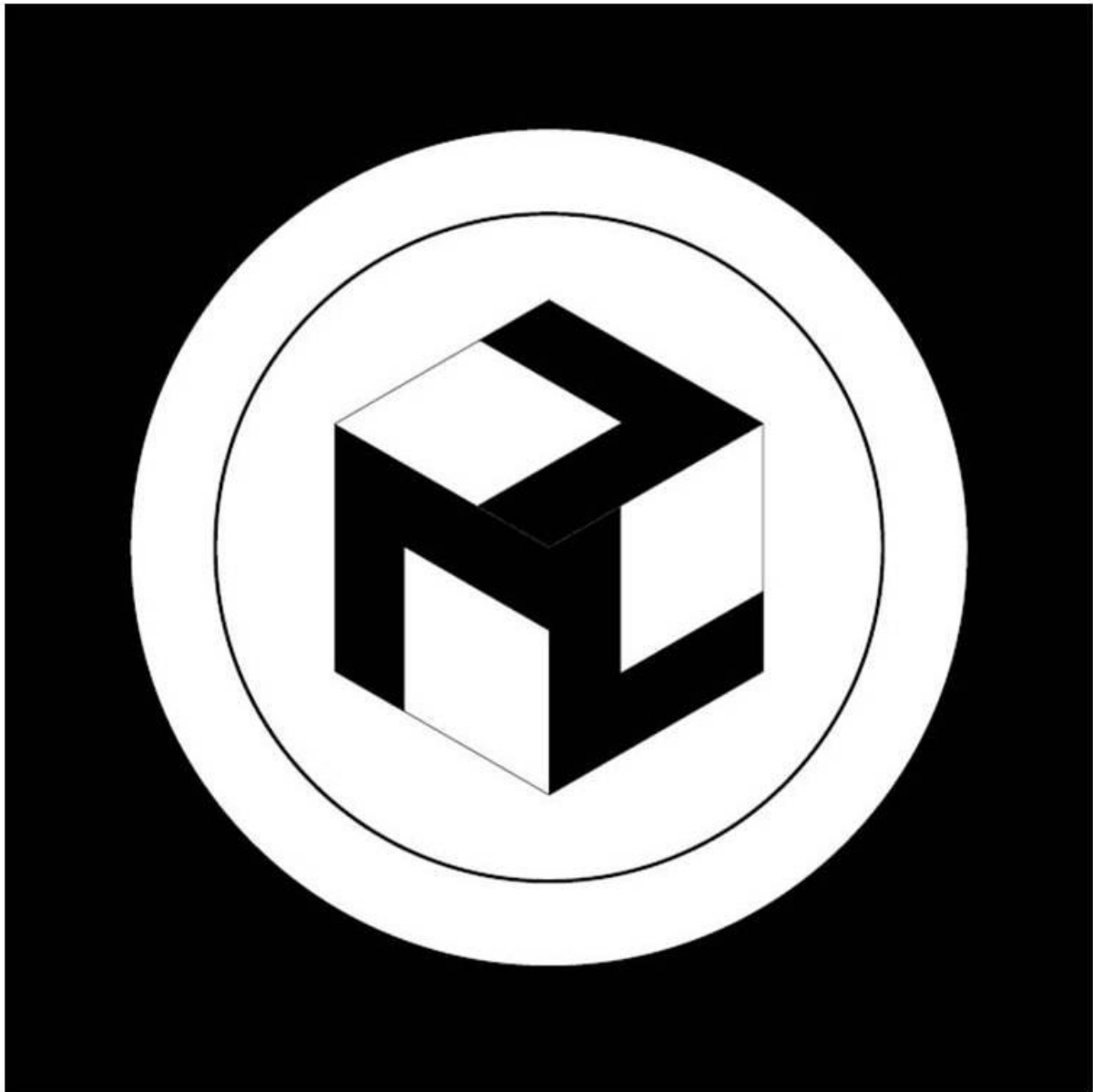


Female Antahkarana

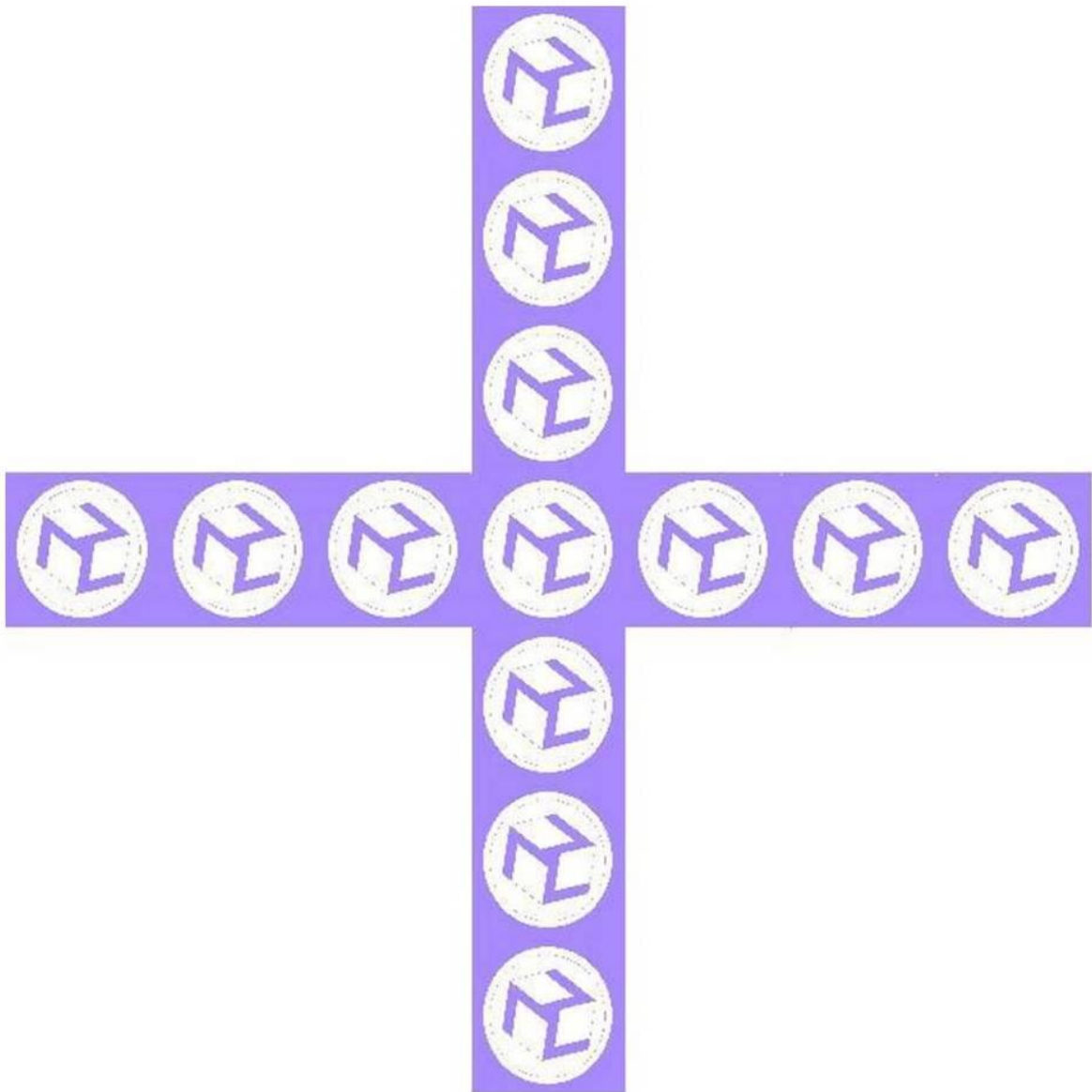
Male Antahkarana



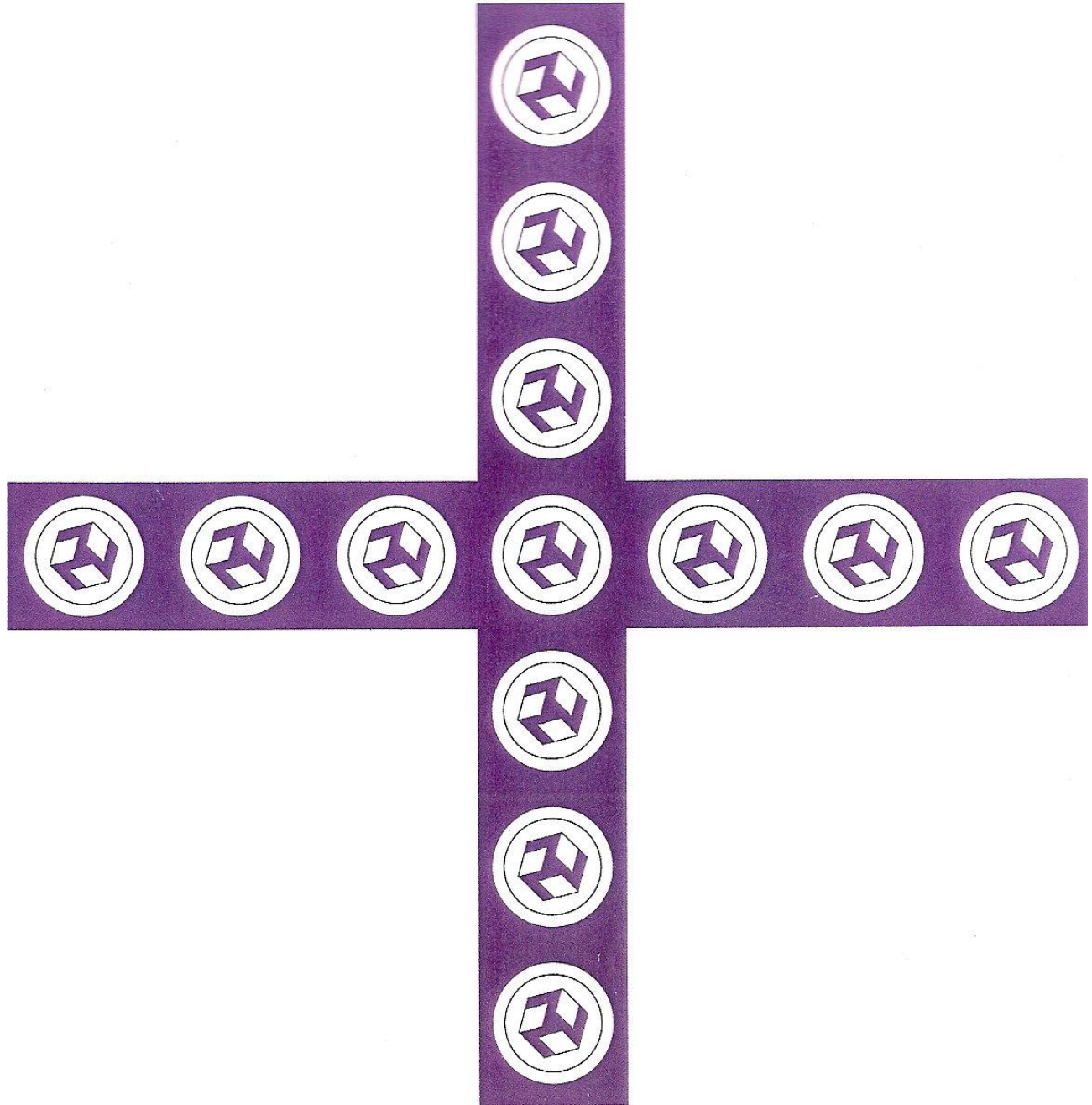
Female Antahkarana Symbol



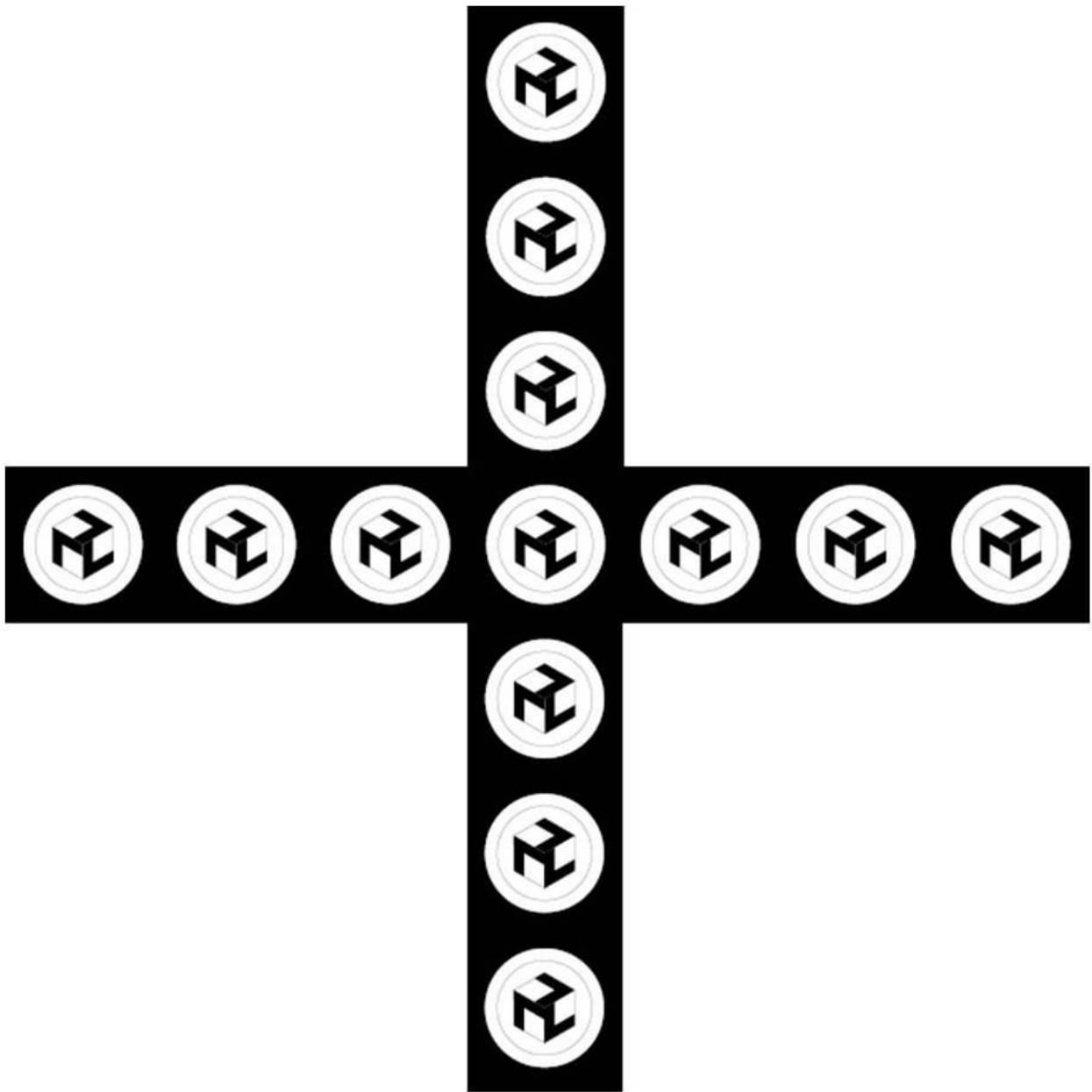
Male Antahkarana Symbol



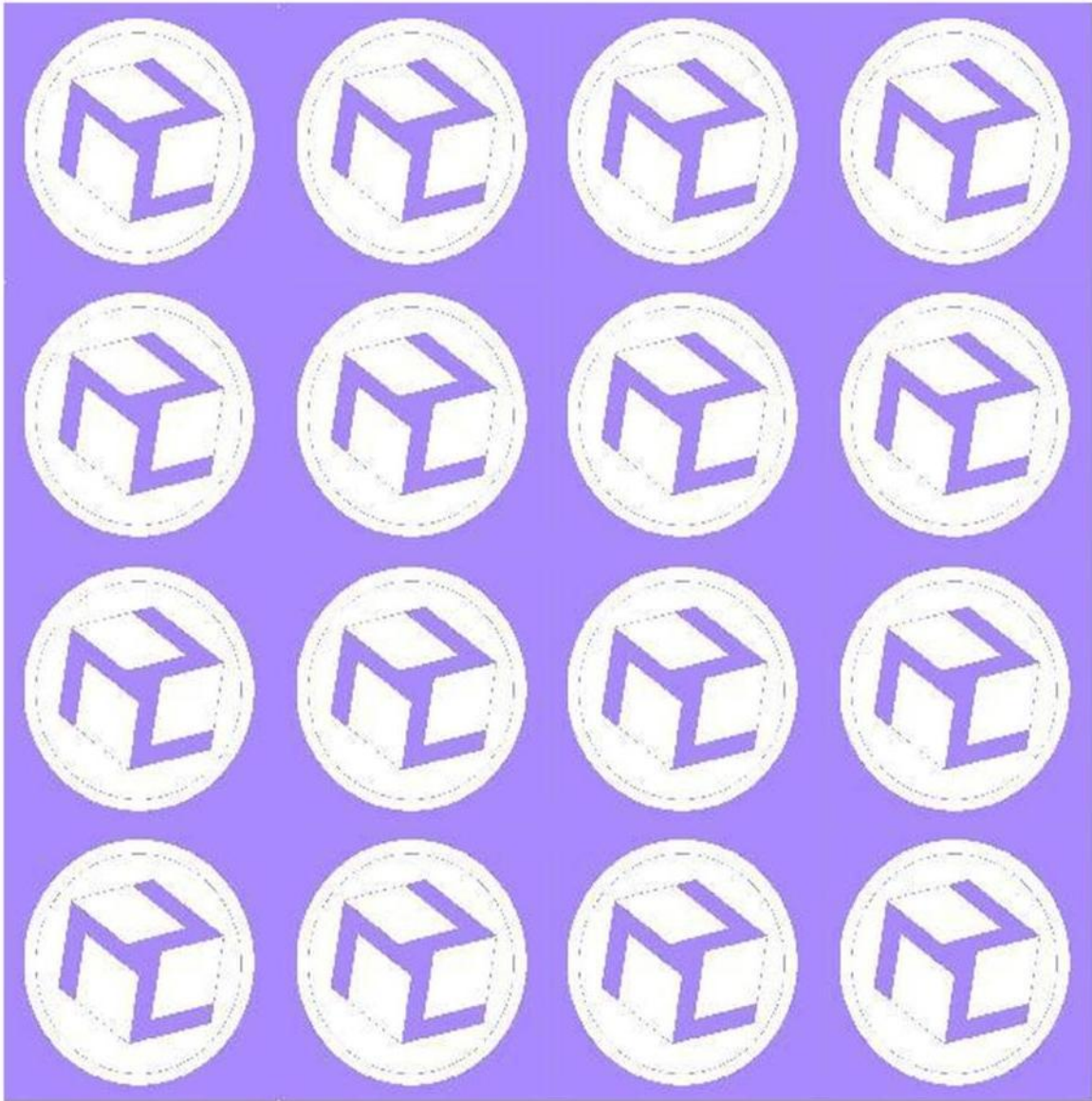
Female Sacred Cross Antahkarana Symbol



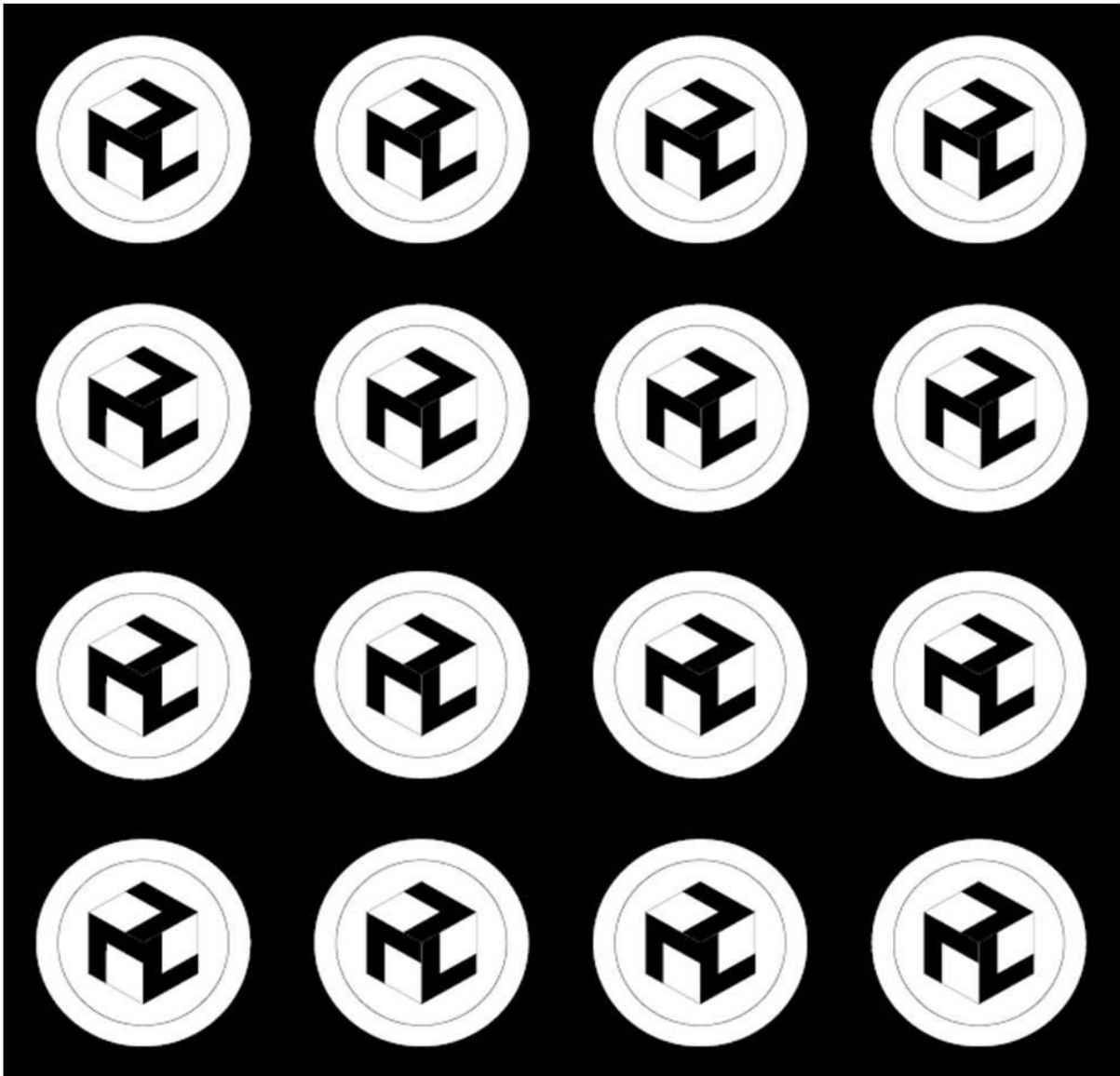
Male Sacred Cross Antahkarana Symbol



Male Sacred Cross Antahkarana Symbol



Multiple Female Antahkarana Symbols



Multiple Male Antahkarana Symbols